Roasted Sweet Potatoes

1. Preheat oven to 400 degrees
2. Scrub potatoes
3. On a cutting board chop potato into ½ inch cubes
4. Drizzle with olive oil or melted coconut oil
5. Sprinkle with salt
6. Bake 30 minutes or until soft

Roasted Potatoes

1. Preheat oven to 400 degrees
2. Scrub potatoes
3. On a cutting board chop potato into ½ inch cubes
4. Drizzle with olive oil or melted coconut oil
5. Sprinkle with salt, thyme, garlic powder, etc.
6. Bake 30 minutes or until soft